

# BFF CHECK-IN

How do you prefer to touch base?

- Text       Card  
 Phone Call       Email

Favorite Candy/Snacks

What beauty/care products are your go-to's?

Favorite Brands/Stores

A few things you hate to buy for yourself but love to get  
(i.e. lotion, books, shampoo, candle, socks)

How do you take your tea/coffee?

Top 3 Fav Places to Eat

Top 3 Places You Eat Most Often

"For no reason" gifts that make you smile

Dislikes (scents, colors, foods, etc.)

